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Functional Medicine Thursday at 9 AM Pacific

July 1st 2021: Everything You Need To Know About Your Hormones Part 1

Hormones are your body's chemical messengers. They travel in your bloodstream to tissues or organs. They affect many different processes, including your development and growth, metabolism of food, sexual function and reproductive growth and health, cognitive function and mood as well as maintenance of your body temperature and thirst. Pituitary gland, Pineal gland, Thymus, Thyroid, Adrenal glands, Pancreas, Testes and Ovaries all produce hormones which can decrease with age leading to many medical problems. On today's show will begin to discuss this important subject and offer the natural answ

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### Featured Guest



#### Dr. Connie Casebolt, M.D.

Dr. Connie Casebolt is Board Certified in Family Medicine, has a degree in Nutrition as well as a Masters in Public Health. Her passion is helping people live longer healthier lives. To accomplish this, she founded Wellness By Design in Greenville, SC in 2013. She helps her patients with Bio Identical Hormone Replacement therapy as well as many other modalities including ozone, peptides, regenerative medicine (stem cells, PRP and exosomes), health coaching and more. Her satisfied patients number in the 1000's. Her website is wellnessbydesign.center and also on Facebook as Wellness By Design.

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