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HEALTH & WELLNESS



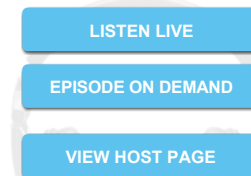
The A to Z of Sex
Thursday at 11 AM Pacific / 2 PM Eastern
July 15th 2021: Encore X is for X Rated

This week we will talk about pornography, erotica and all things designated x rated. We will talk obsessions, habits and healthy use of x rated material. We will cover sex education and what we believe needs to be included in a healthy comprehensive sex education programme.



Tune in

Thursday at 11 AM Pacific
Time/2 PM Eastern Time on
VoiceAmerica Health Channel



Questions? Comments?
Call In Live! Call-In
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Featured Guest



Dr Jess O'Reilly

Jess O'Reilly (@SexWithDrJess) is a sex and relationship expert with a background in education. Her research and passion involves teacher training in sexual health and she volunteers in schools and universities to help bring better sex & relationship education to students across Ontario. Jess is also a television personality, author, podcast host (@SexWithDrJess Podcast) and international speaker who has facilitated hundreds of corporate workshops and retreats in 35 countries from Lebanon to Costa Rica.

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