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**BUSINESS**



**Out of the Comfort Zone**  
Friday at 11 AM Pacific  
**July 9th 2021: Mental Health and Anxiety at Work**  
with Adrian Gostick

Increasingly, headlines are noting the impact of the last year on mental health. Employees are quitting in record numbers. Every level within the organization seems to be experiencing higher stress than the year before. What is happening? What can you do about it as a leader? How do you build a culture that minimizes anxiety and supports mental health? Tune to hear more.

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#### Featured Guest



##### Adrian Gostick

#1 bestselling leadership author Adrian Gostick provides advice to some of the world's most well-known organizations on managing change, enhancing employee engagement, and leading high-performance cultures. A leadership strategy columnist for Forbes, Gostick is author of the New York Times bestsellers All In, The Carrot Principle, The Best Team Wins, and Anxiety at Work. His books have been translated into 30 languages and have sold 1.5 million copies around the world. His work has been called "fascinating" by Fortune magazine and "creative and refreshing" by the New York Times. Gostick has appeared on NBC's Today Show and CNN, and is often quoted in The Economist, Newsweek, and Wall Street Journal.

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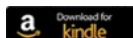
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