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**Unbuckled, with Intimacy Architect Christi Anne Bela**  
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July 23rd 2021: Reiki & Intimacy

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We are all here as a result of sex. Sex is the reason for life, so it is fitting that we talk about birth with Doula, Jasmine Dominique. A Reiki Master and Sex Educator, Jasmine understands deeply the energy of pleasure that pluses in life. We have the opportunity as she says "to live beyond the limits because they are merely illusions". As a Reiki Master, she educates on the mastery of self being the key to seeing through your bullshit and opening to the pleasure of living in your body. We talk about how to support Mothers so that we can shift the passing on of trauma and bring healing patter

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#### Featured Guest



##### Jasmine Dominique

Jasmine Dominique Health & Wellness Influencer, Reiki Master & Specialist, Mental Health Clinician, Doula & Childbirth Educator, Conscious Movement Instructor. LiveBeyondLimits-Integrative Health Services was created in 2011 by Artist, Author & Holistic Health Specialist Jasmine Dominique. In 2007 she graduated with a Bachelor of Psychology from Tennessee State University and in 2009 she graduated with a Master of Counseling Psychology from the Adler School of Professional Psychology. In 2012, Jasmine moved to Brazil to study dance and natural non-invasive alternatives for healthcare. She is a Health and Wellness Influencer and continues to serve as a Mental Health Clinician, Reiki Specialis

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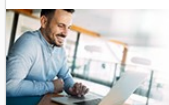
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