

EMPOWERMENT





Read My Lips - Cool Conversations with Creatives

Monday at 2 PM Pacific 5 PM Eastern July 26th 2021: Read My Lips: Solving the **Creativity Puzzle**

akaRadioRed welcomes three non-stop creatives. Cristina Smith is the award-winning author of the Yoga for the Brain series of profound philosophy and fun puzzle books. Doctor Karen Gedney is an internal medicine specialist who was placed in a male medium security prison in 1987 to do her four-year scholarship payback. Against all odds, she stayed three decades and turned it into her calling. Dr. Susan Shumsky, best-selling author of 20 books in English and 36 in foreign editions, studied for 20 years with Maharishi Mahesh Yogi, Transcendental Meditation founder and guru of the Beatl

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Featured Guests



Cristina Smith

Cristina Smith is the award-winning author of the Yoga for the Brain series of profound philosophy and fun puzzle books. A lifelong entrepreneur, she loves the creative process of doing work that matters and supporting as many people as possible in their missions. A book and marketing coach, chef, event producer, community builder, and acclaimed volunteer, Cristina lives a life she loves to the fullest!

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Karen Gedney MD

Doctor Karen Gedney is an internal medicine specialist who was placed in a male medium security prison in 1987 to do a four-year payback for a scholarship she received. Against all odds, she stayed three decades and turned it into her calling. The American Correctional Association designated her as one of the best in her business and for her medical care of inmates with HIV she was given the Heroes for Humanity award by the state of Nevada. Now she is a speaker, prison reform activist and the author of '30 years Behind Bars,' Trials of a Prison Doctor. She wrote the book to bring the reader into the prison and experience through the eyes of someone oriented to understand and heal, vs. judge

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Dr. Susan Shumsky

Dr. Susan Shumsky is dedicated to helping people take command of their lives in highly effective, powerful, positive ways. A best-selling author of 20 books in English and 36 in foreign editions, she has won 40 prestigious book awards. For two decades, she studied with Maharishi Mahesh Yogi, founder of Transcendental Meditation and guru of the Beatles. She served on Maharishi's personal staff for 6 years. A pioneer in the human potential field, she has taught meditation, prayer, affirmation, and intuition to tens of thousands worldwide and founded Divine Revelation®, a technology for contacting the divine presence, hearing and testing the inner voice, and receiving clear divine guidance. She

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