



EMPOWERMENT



Now Women Ignite
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August 4th 2021: Shift Your Mindset

Changing your mindset can make all the difference. While our circumstances can prove challenging, our mindset can change how we deal with those circumstances. Listen in this week as Karen talks with guests Linda Shively and Jenn Taylor. Linda will share her story of bouncing back to find joy from adversity. Jenn will talk about the road to transformation despite trauma. Their stories will inspire you. As always, you can find our host, Karen Wright, online at <https://shinenowornever.com>. Our guests are also online: Jenn at www.momof18.com and Linda at www.LindaShively.com.

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Featured Guests



Linda Shively
Linda Shively has been featured as an expert in the Wall Street Journal, is a best-selling author, award-winning speaker, and neuroscience and mindset expert. She has presented across the country at places from Walmart to Carnegie Hall. Linda has been a multiple-time guest and a host on cable television, featured in a film with Winona Ryder and Jeff Daniels, and even performed at the Rose Bowl for over 90,000 people. After healing from an abusive marriage, and navigating the diagnosis and eventual death of her 3-year-old daughter, Linda found her way to bounce back and reclaim her joy in life. Now she empowers growth minded individuals to take action to stop beating themselves up so they can [Read more](#)



Jenn Taylor
Jenn is a mom Of 18, host of At a Crossroads with the Naked Podcaster, a transformational coach for Christian women, and a motivational speaker. She is an NLP Practitioner and has 15+ years in the foster care sector as both a parent and a trainer. She's written the blog - Mom's Running It - for almost 10 years, and is a published author of a self-help memoir "Hello, My Name Is... Warrior Princess". She teaches Crossroads Coaching - designed for Christian women who feel at a loss about their purpose and direction in life, are struggling with the balance between work, relationships, purpose, and God-given gifts, or feel that - although they chose their life - they didn't think it would be quit [Read more](#)

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