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**September 14th 2021: GERALDINE BURNS ON
BENZODIAZEPINE AWARENESS**

Geraldine Burns is an absolute giant and tireless advocate in the promotion of benzodiazepine awareness and the fight against benzodiazepine harm. During this podcast interview, Geraldine shares her agonizing personal story... why she was originally prescribed benzodiazepines, what happened, how she came to realize that benzodiazepines were worsening her condition/causing symptoms of their own and her attempts to seek professional help. She discusses her connection to Professor Heather Ashton and how she was instrumental in the writing of The Ashton Manual "Benzodiazepines: How They Work an

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Featured Guest

Guest Image

GERALDINE BURNS

Geraldine Burns has been a pioneer in helping to get the word out about the potential dangers of benzodiazepines. In 1999 she started the first Internet support group for people wishing to withdraw from tranquilizers or already off and having problems. She was instrumental in having Professor Heather Ashton write her manual "Benzodiazepines: How They Work and How to Withdraw," aka The Ashton Manual. In 2006, she launched the website BenzoBookReview.com. It was started after she was given the rights by eleven internationally known authors of books that had been written on the subject of tranquilizers. She has done a number radio shows including Prescription Addiction Radio, The Fra

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