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Psych Up Live
Thursday at 11 AM Pacific
September 2nd 2021: A Surprising New Look at the Benefits of Forgetting

In this episode Dr. Scott Small, esteemed neurologist and neuroscientist known for his work in Alzheimer's disease, discusses his important new book, *Forgetting: The Benefits of Not Remembering*. In a culture inundated with information and worried about aging and forgetting, this is an extraordinary contribution. In a conversational style, Dr. Small offers the neuroscience of forgetting in a way that is as informative as it is startling. Drawing upon fascinating examples and personal history, he illuminates the reasons that we need "to forget" in order to think flexibly, prioritize, make decisions

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Featured Guest



Dr. Scott A. Small MD

Scott A. Small MD is an American neurologist and neuroscientist known for his work in Alzheimer's disease and normal cognitive aging. Dr. Small is the Director of the Alzheimer's Disease Research Center at Columbia University where he is the Boris and Rose Katz Professor of Neurology. He is also appointed in Radiology and in Psychiatry, where he directs the Schizophrenia Research Center. Dr. Small has developed high-resolution functional MRI applications that can pinpoint the areas of the hippocampus most affected by aging and disease which has led to testing therapeutic interventions for Alzheimer's disease, cognitive aging, and Schizophrenia. He has authored more than 140 papers and in

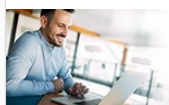
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