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HEALTH & WELLNESS



good grief

WITH CHERYL ESPINOSA-JONES



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
September 1st 2021: Forget Prayers Bring Cake

Alone in a brand new city, Merissa Nathan Gerson set out to connect with her community. Her father shepherded the process, traveling with her to help her choose a house and set herself up for this new life. But very shortly after, he declined, rapidly approaching the end of his life. How does a single woman in a new city, far from her friendships and supports, get help with an unimaginable loss? Merissa identified what she needed and found ways to invite her new community into her world. As a result, she acquired valuable skills applicable not just to her own life but to other griever as well

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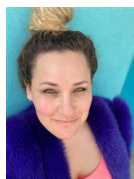
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Featured Guest



Merissa Nathan Gerson

Merissa Nathan Gerson's writing has appeared in The New York Times, The Atlantic, Playboy, Tablet, Modern Loss, Lilith, and beyond. She was the inherited trauma consultant to Amazon's Emmy-winning show Transparent and the author of Ask Your Yenta, an advice column that Bitch Magazine named the top ten to watch in 2010. The founder of KenMeansYes.org, a consent advocacy organization, she speaks nationwide on inherited trauma, consent education, and religious sex education. Born and raised in Washington, DC, Merissa lives in a purple house on an amazing block in Mid-City, New Orleans. Alone.

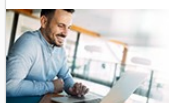
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