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EMPOWERMENT



**Sacred Haven Living**  
**Monday at 10 AM Pacific**  
**November 1st 2021: The Emotions Portal of**  
**Sacred Haven**

Join Carolyn McGee, Sacred Haven Living Guide and guest, Ilene Dillon, Transpersonal Coach and Author as they journey into The Emotions Portal to discover the power to feel, heal and love all your emotions and why that is important.



#### Tune in

Monday at 10 AM Pacific Time  
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Empowerment Channel

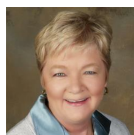
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#### Featured Guest



##### Ilene Dillon

Ilene Dillon is author of Emotions in Motion, a global speaker, Transpersonal Coach and Recovered Angry Person.

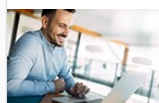
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