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Partner Up! with Amy Carroll Friday at 7 AM Pacific /4 PM CET November 26th 2021: Encore: Dismantling toxic work cultures

Have you ever wondered why simply receiving empathy from another (without even solving the problem) can relieve stress and shift your mood? My guest, Rajkumari Neogy is an epigenetic coach and executive consultant, focusing on the intersection of neurobiology, culture and empathy in today's business world. In this episode, Rajkumari helps us to understand the impact on transgenerational trauma and why a sense of belonging is critical to feeling happy and being productive. Rajkumari also offers us straight forward practices for dismantling toxic work cultures!



Friday at 7 AM Pacific Time/4 PM CET on VoiceAmerica **Business Channel** 

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### **Featured Guest**



#### Rajkumari Neogy

Rajkumari Neogy is an epigenetic coach and executive consultant focused on the intersection of neurobiology, culture and empathy in today's business world. Possessing a rare blend of scientific prowess and emotion, Neogy believes that passionate self-reflection coupled with dedicated curiosity define true leadership. Specializing in the technology sector, Neogy has worked with high-powered, worldwide organizations for more than two decades, training leaders at Google, Facebook, Adobe, Indeed, Slack, Salesforce and numerous others. She holds a master's degree in Transformative Leadership Development from the California Institute of Integral Studies and is the author of "The WIT Factor:

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