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**Psych Up Live**  
**Thursday at 11 AM Pacific**  
**November 25th 2021: Encore Mutual Rescue:**  
**The Benefits When People and Pets Adopt Each Other**

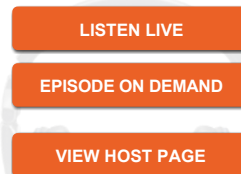
In this show, Carol Novello, founder of Mutual Rescue™ and author of the new book, "Mutual Rescue: How Adopting a Homeless Animal Can Save You, Too" shares her story and the countless stories of others who reveal the powerful impact of adopted pets and their owners upon each other. From Parkland HS students, who lost friends in the horrific school shooting, but found the presence and adoption of dogs to be the bridges from terror and loss to love and comfort, to couples improving their relationships, to people helped with physical illness, addiction recovery or finding a purpose in life – adop

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#### Featured Guest

Guest Image

#### Carol Novello

Carol Novello is the founder of Mutual Rescue™ and author of "Mutual Rescue: How Adopting a Homeless Animal Can Save You, Too" (Grand Central Publishing, April 2019).

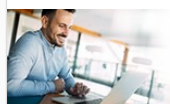
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