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Tuesday at 10 AM Pacific  
**December 7th 2021: Leading in Captivity w/  
Monique Daigneault**

Monique Daigneault, president and CEO of MD Consulting speaks with Chris Meek about her role as an executive coach with over three decades of experience developing corporate executives into successful leaders ready to change company cultures. Monique's personal story exemplifies what it means to be empowered: having dropped out of high school, she married at sixteen, got a divorce, was a single mom to her two children, began her healing journey through exercise and bodybuilding, got her GED along with three college degrees, and is now a successful entrepreneur and author. After spending a sign

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#### Featured Guest



##### Monique Daigneault

Monique Daigneault is the President and CEO of MD Consulting. She works with corporations and leaders worldwide, providing Executive Coaching and HR Consulting. Monique empowers leaders to better navigate the workplace, develop their teams, and influence organizational culture. She is an ICF trained coach with a Master's degree in Organizational Psychology, an author, speaker, and international volunteer. Monique is also the host of the live talk show: Leading with Intention on the VoiceAmerica Business channel. She can be reached at [mdconsultingglobal.com](mailto:mdconsultingglobal.com)

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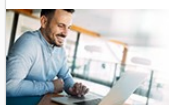
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