



HEALTH & WELLNESS



AGING LIFE

Let's Talk All
Things Aging

with
Nancy Oriola



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**December 12th 2021: Managing Family Conflict
during the Holidays**

Many of us are gathering during the holidays for the first time in two years. The stress of the season and such gatherings may be exacerbated when the changing needs and challenges of elder care is put into the equation. It is common for family members to have differing views on an aging loved one's status, care needs and future planning decisions. The stress of elder care can bring up old conflicts and begin to fracture even the best of families. The issues and interactions may find their way to your holiday meal. My guest, Anne deLain Clark, is an interpersonal communication expert and tr

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Featured Guest

Guest Image

Anne deLain Clark

As a communication/relationship coach, Anne deLain W. Clark has been helping people ask, listen, and respond better since she took on the government liaison role of Coordinator of the NM Radioactive Waste Consultation Task force in 2001. It was at the onset of this role, steeped in an environment of fear and distrust, that Anne embarked on becoming an interpersonal communication expert and transformative mediator. With her 20 years of mediation experience, over 300 hours of formal training, ten years of experience in teaching transformative mediation, and a certification in Conversational Intelligence® for Coaches, Anne has helped others understand the power of conscious communication to imp

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