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The Business Elevation Show with Chris Cooper - Be More. Achieve More Friday at 8 AM Pacific

January 7th 2022: Build A Legacy That Fulfils Your Soul

When was the last time you considered the legacy you are creating, day-to-day? My guest Gaia Ferreira is an international entrepreneur, published personal success author, and a public speaker on personal fulfilment and leadership. From corporate executive to culinary entrepreneur to hosting her own TV Cookery Show, her career has been untraditional and exciting. After the sudden death of a friend, she reflected on her own legacy and realized there was still so much more for her to be. She went back to school in her 40s and, for a few years, was a coach for Tony Robbins. Now, Gaia is the f

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## **Featured Guest**



### Gaia Ferreira

Gaia Ferreira is an international entrepreneur, published author on creating personal success, and a public speaker on personal fulfillment. Her career includes having been a corporate executive, owning several businesses in the food industry including her own cookery school and hosting a hugely popular TV cookery show, and coaching for Tony Robbins. Today she specialises in self-development and business growth, focusing on personal growth, fulfillment, and leadership development. Gaia's mission is to help others build a legacy that fulfills their souls. As the founder of TITANIAM coaching, Gaia uses her Total Intelligence Method® to support executives and entrepreneurs avoid breakdowns an

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