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Counterbalance Conversations with Dr. Melissa L. Strawser Tuesday at 5 PM Pacific January 4th 2022: After Happily Ever After: Empowering Yourself for Change

Happy New Year! We are ringing in the new year with award winning author, television comedy writer, and panelist, Leslie Rasmussen! Melissa and Leslie will be discussing the myth that midlife crisis is a crisis when really if it is reframed it is rediscovering yourself AND empowering yourself for change. Leslie will talk about her book "After Happily Ever After" and how this and the theme of the "sandwich generation" is explored in her story. WE can't wait to explore this topic with you!

Tune in

Tuesday at 5 PM Pacific Time on VoiceAmerica Variety Channel

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Featured Guest



Leslie Rasmussen

Leslie A. Rasmussen is the award-winning author of the novel, After Happily Ever After. She was born and raised in Los Angeles and graduated from UCLA. She went on to write television comedies for Gerald McRaney, Burt Reynolds, Roseanne Barr, Norm McDonald, Drew Carey, as well as The Wild Thornberrys and Sweet Valley High. After leaving the business to raise her boys, she obtained a master's degree in nutrition and ran her own business for ten years. Recently, she's written over twenty essays for Huffington Post, and MariaShriver, and spoken on panels discussing empowering women in midlife. Leslie is a member of The Writers Guild of America, as well as Women In Film and the Women's Fiction

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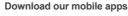
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