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EMPOWERMENT



Authentic Living
Wednesday at 1 PM Pacific
January 19th 2022: Encore Who Are You Really?

We often believe the fabricated idea that we really are that which matches our reputation. We think that the person others think we are is really who we are. We strive hard, in fact, to be that person and to live with the results of being that person. If “they” (usually family of origin and significant others) believe that I’m a bad dude, then that’s what I must be and I may even be putting energy into being bad to prove that I really exist. Same with many other projections that we introject—we become a role rather than a real person. What is authenticity then? And how does one begin the

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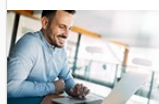
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