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**July 4th 2022: Ep.24 Luna Pantera: Working with Ancestor Lineage and Healing**

(Content Warning: Discussion of Sex Assault)  
This episode I talk with Spiritual Worker Luna Pantera, on the subject of Ancestor Lineage Healing and BIPOC Spirituality. She share with me her journey and story around sexual assault, and it's relationship to her working with Ancestral/Generational trauma. This includes how mental health and her spirituality interconnection is involved in her work of heal the Ancestor lines, as well as the work she has done with others to heal their lines. We also discuss the importance of working to connect, and building relationship to LGBT ancestral lines as

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#### Featured Guest



##### Luna Pantera

Luna is a native San Franciscan living back in the City by the Bay. She is a Feri Practioner, initiated in Reclaiming Witchcraft, and Ifa Practioner. She is indebted to her Well and Elevated Ancestors, the Orishas and Archangel Michael. Ms. Pantera has volunteered at: San Francisco Suicide Prevention and Bay Area Against Rape. Luna is a: Witch, Healer, Writer and Seer. She uses her Shamanic Gifts to help others reclaim: Their Power, Recognize Their Purpose, and Regain Their Own Inner Wisdom! She dare not call herself a Shaman as that is a title that is earned and she is continuing learning and growing herself! You can contact Luna at : [heal@lunastouch.com](mailto:heal@lunastouch.com) and browse her website: [lu](http://lu)

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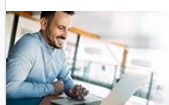
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