



EMPOWERMENT



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Living Strong: The Flip Side of Adversity
Thursday at 2 PM Pacific
February 24th 2022: Surviving Out Loud

What does the word survive actually mean? We can use it so freely, a form of exaggerative humor, such as surviving a long meeting or “I survived” after a difficult exam or even a hot summer day. Yet to someone who moves from a place of having been victimized, to claim the term survivor is significant and honorable—this word holds much meaning and heavy weight. The definition of survive is to continue to live or exist, especially in spite of danger or hardship. A survivor is a person who survives, especially a person remaining alive after an event in which others have died. If we stop

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Thursday at 2 PM Pacific Time
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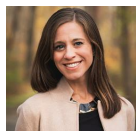
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Featured Guest



Dr. Heather Evans

Dr. Heather Evans is a Licensed Clinical Social Worker with a private group counseling practice in Coopersburg, Pennsylvania, with over 20 years' experience providing therapy, particularly specializing in sexual trauma and sex trafficking. Heather has authored two books and started the Voices of Survivors Project photo exhibit from her research on complex trauma and posttraumatic growth in sex trafficking survivors. She is Co-Founder and Board Chair of Valley Against Sex Trafficking in Pennsylvania and adjunct professor of Global Trauma Recovery Institute, traveling internationally to train trauma healing caregivers.

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