



**Psych Up Live**  
Thursday at 11 AM Pacific  
**April 7th 2022: "MORE" A Proven and Effective Treatment for Opioid Use Disorder**

Someone has finally found a way to address opioid misuse and addiction among people with chronic pain. In this show, Dr. Eric Garland, the world's leading expert on the use of mind-body therapies to treat opioid misuse for pain will discuss the recently proven effectiveness of "MORE" – "Mindfulness-Oriented Recovery Enhancement." Dr. Garland will define opioid use disorder (OUD), its relationship to chronic pain and what makes opioids so addictive. He will discuss the treatment components of "MORE" 'the differences between this and other treatments and the research design used to test this tre

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#### Featured Guest



##### Eric Garland PhD, LCSW

Dr. Eric Garland, PhD, LCSW is Distinguished Endowed Chair in Research, Distinguished Professor, and Associate Dean for Research in the University of Utah College of Social Work, Director of the Center on Mindfulness and Integrative Health Intervention Development (C-MIIND), Associate Director of Integrative Medicine in Supportive Oncology and Survivorship at the Huntsman Cancer Institute, and Research Health Scientist in Whole Health at the Salt Lake Veterans Administration Medical Center. Dr. Garland is the developer of an innovative mindfulness-based intervention founded on insights derived from cognitive, affective, and neurobiological science, called Mindfulness-Oriented Recovery Enhanc

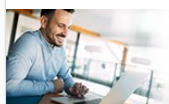
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