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Leadership Development News
Monday 9 AM PT
May 2nd 2022: Mastering Your Emotions with Emotional Brilliance

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Today we have more intense emotions and a sense of overwhelm causing all of us stress. Leaders are dealing with so much more than they have in the past. Stress in America study tells us 47% of people are experiencing Anxiety, 44% are sad, 39% are angry, while 75% of us feel we could use more emotional support. For much of that support, they are turning to their leaders who now need more counseling and coaching skills. What are they and we to do with this abundance of emotions and feelings? Today Drs. Greenberg and Nadler will take a deeper look at how you manage these feelings. In our E

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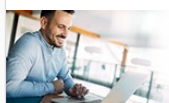


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