

# THE KATHRYN ZOX SHOW

YOUR SOCIAL WORKER WITH A MICROPHONE™

**The Kathryn Zox Show**  
**Wednesday at 7 AM Pacific**  
**May 25th 2022: Ep.1464: Pregnancy Loss and**  
**Ep.1465: Death with Dignity**

Kathryn interviews Author Frieda Hoffman. Upon discovering that so many other women had experienced miscarriage but had never felt comfortable sharing it, certified coach Frieda Hoffman felt not only betrayed by and furious with the patriarchy that made them feel ashamed, but also a profound sense of sadness that women seem to be made to suffer in silence. Shame and silence beget shame and silence, but Hoffman saw the opportunity to break that by sharing that essential affirmation that we are not alone—in our experience of loss, infertility, healing, uncertainty, longing for catharsis, or mind

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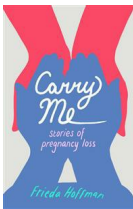
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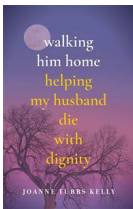
### Featured Guests



#### Frieda Hoffman

Frieda Hoffman is a transformative coach and mediator, creative consultant, and entrepreneur with a passion for supporting women and courageous leadership. As a coach, she aspires to uplift her clients and break down the barriers that keep so many from stepping into their full potential. As a writer, she aims to cultivate compassion, strength, and a greater sense of connection, particularly for and amongst women. She holds an MA in social work and conflict management from Berlin's Alice Salomon University, a dual BA in psychology and anthropology from Johns Hopkins University and is a certified Executive Coach from the UC Berkeley Haas School of Business. This is her first book. For more inf

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#### Joanne Tubbs Kelly

As a kid, Joanne Tubbs Kelly moved around a lot, but she always felt at home when she had her nose stuck in a book. As an adult, she provided marketing communications services to high-tech companies. Now that she's retired, she lives in Boulder in the home she and her husband, now deceased, remodeled from top to bottom. She delights in putting in her garden and walking and hiking where she can wallow in the beauty of Boulder's Flatirons and Colorado's high peaks. Whenever she's not in her garden or out walking, you can usually find her up to her old tricks: hiding out somewhere with her nose stuck in a book.

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