



Empowering Women, Transforming Lives
Thursday at 10 AM Pacific
June 9th 2022: Step into Your Brilliant Purpose - Last in Special Author Series!

Join Rebecca Hall Gruyter for our special interview series with some of the co-authors of Step Into Your Brilliant Purpose - recently released! This powerful anthology gives each author's unique perspective and personal journey of discovering and stepping into their purpose. They all share tips and insights they discovered on the journey to empower the reader to step into their brilliant purpose....in doing so they can step into living their life in full color, full purpose, and deep meaning. Listen in this week as Rebecca talks with chapter authors: Hilary DeCesare, Maureen Ryan-Blake, and Abbe

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Featured Guests



Abbey Daw
Abbey Daw has been teaching for 18 years in various studios throughout Utah. She is a registered yoga teacher with a 200 hour and 500 hour certification. She also has her 300 hour yoga therapy certification. Abbey has trained with some of the best yoga mentors in the world, including Ana Forrest where she completed her advanced training in NYC in 2013. She is an entrepreneur at heart and won entrepreneur of the year in 2015 for the SLC womans business center for her first business Sweat Soul. She is currently the founder of Magik Breath Meditation which empowers women to embody their light and live their purposes through her transformational breath and meditation courses. She has recently

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Hilary DeCesare
Hilary DeCesare is an award-winning business expert, international best-selling author, and host of "The reLaunch Podcast." As a sought-after speaker, founder of The Relaunch Co., and previously one of Oracle's top account managers worldwide, Hilary brings fresh energy to industry leaders, CEOs, and solopreneurs. She holds a psychology degree and a range of certifications in her field and has been featured on ABC's hit TV series The Secret Millionaire. Her insights have been seen on ABC, NBC, CBS, Fox, and mentioned in the Huffington Post, Yahoo, Market Watch, and others. She is also a thought leader on Forbes Coaches Council. As an innovator in neuropsychology as it relates to business and

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Maureen Ryan-Blake
Maureen Ryan-Blake is a bestselling author, Podcast Host and Executive Coach. Founder of Maureen Ryan Blake Media Production, Maureen helps bestselling authors step from behind their book by building their brand and message on YouTube Channel and reaching their targeted audience. Her superpower is allowing others to shine during her weekly interviews with bestselling authors, celebrities, and inspirational leaders on The Rising Star Book Club Weekly Podcast. With over one hundred interviews, her focus is on her guest, their message, and allowing their true authentic self to shine. Maureen Ryan-Blake holds a dual master's in leadership and diplomacy from SUNY-Stony Brook. Maureen's profession

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