









History, Culture, Trauma Thursday at 1PM Pacific

December 1st 2022: Encore Dr. Donielle Prince: Is Mental Health just Health?

Research has found that there is credibility to the term mind-body connection. There is a clear link between our thoughts, feelings, emotions and our physical body. At this point, should we, as a society, stop separating mental health and physical health? Are they not one in the same? Please join us this week as our guest, PACEs Connection's very own Dr. Donielle Prince, discusses the mind-body connection with our host Ingrid Cockhren. Through contributing to and coordinating the PACEs Connection Creating Resilient Communities Accelerator, Donielle will continue PACEs Connection's mission to

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Featured Guest



Donielle Prince

Dr. Prince is currently PACEs Connection's Director of State Initiatives & CRC Coordinator. Donielle brings to this work over 20 years' experience in education, community based youth programming, mental health, and more. Donielle's core expertise is in understanding those elements of programming and initiatives that present challenges, as well as those that yield the potential for change. Donielle's past projects included youth development studies, trauma informed training evaluations, and educational equity focused program and curriculum evaluations. Donielle's experience has taught her that evaluation research is above all a communication tool- the ability to examine a program and then org

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