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## Sustainable Success Thursday at 12PM Pacific

Have you asked yourself why your life has not unfolded the way you have envisioned! What holds you back from getting things accomplished and being successful consistently long term? The answer lies with past events which is the cause that leads to effects that many live in that keep them trapped in self-doubt that leads to procrastination. Your habits and behaviors unconsciously in adulthood are tied back to trigger events that have molded you into a pattern of self-doubt or success. It is your inner critic that has a choice of tapping into the positive or negative that dictates your habits an







#### Tune in

Thursday at 12PM Pacific Time on VoiceAmerica Business Channel

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