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The Patricia Raskin Show
Monday at 11 AM Pacific
January 5th 2009: Skills for The Highly Sensitive Person

Patricia welcomes Ted Zeff, Ph.D, author of The Highly Sensitive Person's Survival Guide: Essential Skills for Living Well in an Over stimulating World . He will discuss how highly sensitive people can make their way through a vibrant and highly stimulating world. hpsurvival.com

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