

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



Dr. Dorree Lynn
Mindful Matters: Love. Sex. Spirit.

Mindful Matters: Love. Sex. Spirit. Archives Available

Dr. Dorree, almost 8 decades, still a sexy, savvy, s-age. Her advice is ageless. Dr. D's lifetime motto has been "Reach Out. Life Is Too Complex to Do Alone."

Elders are living longer, healthier and sex-filled lives. Younger people are more isolated than ever. As a result of the rapid rise of technology, social isolation and other factors, they are having less sex, have increased loneliness, suicide, violence and their spirits are often shattered.

Mindful Matters is the guide you need to help you explore and change how you think and act about your life challenges. Dr. Dorre

[Read more](#)



Tune in

Archives Available on VoiceAmerica
Empowerment Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Come see what **VoiceAmerica's**
hosts are writing, on PressBlog!

