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November 9th 2009: Pam Betz, Dayana Cadeau, George Farah and a Surprise Guest!

Tune in Monday, November 9th at 4pm PST/7pm EST to MD radio as NPC Contest Promoter, Pam Betz calls in to give us an Update on the NPC National Championships coming up in Hollywood, Florida November 20th & 21st! The biggest Amateur Pro Qualifying Contest of the year now featuring "Bikini" Competition as well! Don't miss MD's verv own "Pro Maker". George Farah who will drop in and give us his personal insight to what went down in "Sac Town" at the NPC-IFBB Contest held over the weekend, as he prepared IFBB Pro's Craig Richardson & Grigori Atovan for the show! Former Lightweight Ms. Olympia,

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