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**February 8th 2010: Bill Crawford, Ph.D., Author  
of Life from the Top of the Mind -- A Radical  
New Approach to Overcoming Stress**

Bill Crawford, Ph.D., psychologist, coach, trainer and author of Life from the Top of the Mind attacks the debilitating effects of stress from a totally unique perspective that enables people to access specific qualities and characteristics by using specific parts of the brain. He calls it shifting from the resistant and reactive brain where the focus is on blame and resentment to the receptive brain where one can access their clarity, confidence and creativity. Learn how to: Regain control in any situation; Shift from the lower 20% of the brain to the upper 80%; Define ourselves on purpose in

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#### Featured Guest



##### Bill Crawford

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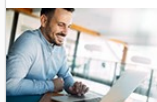
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