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November 1st 2010: The Gifts of Imperfection -**Special Encore Presentation!**

Dr. Brené Brown is a professor and vulnerability researcher at the University of Houston Graduate College of Social Work. Because vulnerability is at the center of many thoughts, feelings, and behaviors, her research topics cover a broad range of emotions and experiences, including shame, courage, and authenticity. Brené spent the first five years of her decade-long study focusing on shame and fear, and is now using that work to explore a concept that she calls Wholeheartedness. She poses the questions: How do we learn to embrace our vulnerabilities and imperfections so that we can engage in o

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Featured Guest

Guest Image

Brené Brown, Ph.D.

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