

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



AlexsaConsulting.com
LEADERSHIP MATTERS



Leading Conversations
Friday at 10 AM Pacific
November 19th 2010: How Smart is Your Heart?
Do the Math.

Cheryl Esposito welcomes Howard Martin, EVP of HeartMath, & co-author of The HeartMath Solution: The Institute of HeartMath's Revolutionary Program for Engaging the Power of the Heart's Intelligence. Who knew...our heart has a brain. Doc Childre, founder of Institute of HeartMath, sees it this way: Heart: we think of the physical heart, & qualities such as wisdom, love, compassion, courage & strength - higher aspects of all human beings. Math: a system of equations, formulas & ways of understanding the world. In HeartMath, the word math refers to stepping-stones for systematically unfolding the

[Read more](#)

[DOWNLOAD PDF](#)

[GET CODE](#)

Tune in

Friday at 10 AM Pacific Time
on VoiceAmerica Business
Channel

[LISTEN LIVE](#)

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Questions? Comments?
Call In Live! Call-In
Toll Free: 1-866-472-5790
Intl: 001-480-398-3352

Featured Guest

Guest Image

Howard Martin

Howard Martin is an Author, Speaker and Business Executive. He is Executive Vice President of HeartMath LLC, Co-Author of the book "The HeartMath Solution", author of "The HeartMath Method", an audio-learning program.

[Read more](#)

Share This Episode

[Share On Facebook](#)

[Share On Twitter](#)

[Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps



AlexsaConsulting.com
LEADERSHIP MATTERS

