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HEALTH & WELLNESS



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January 5th 2011: Weight Loss Empowerment!

Weight Loss Empowerment, "50 Ways to Lose Your Luggage" Weight Loss Empowerment is truly liberating. Despite the catchy subtitle of this week's interview, it's not about losing weight; rather it will be an inspiring and easy-to-understand interview that will give you the ability to leverage the power of visualization toward weight loss. The power of visualization is well known yet many people do not associate it with weight loss; the reality is—the power of visualization is an amazing tool to help improve one's health and well being. As your vision on the inside becomes more compelling

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Featured Guest



Kevin Graham

Kevin Graham spent most of his career as a high performing sales executive in the technology sector. He's led billion dollar organizations and divisions of over 100 people, qualified for President's Club in three different Fortune 500 companies, carried the Olympic Torch and played in a national championship.

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