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HEALTH & WELLNESS



**Transforming Health**  
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**April 20th 2011: Choose to Live!**

Today's guest, Joyce O'Brien was living the dream—great career, loving husband, travelled extensively and had an amazing social life. Then it all came crashing down. Her husband suffered a brain aneurysm, three strokes and was paralyzed. He was 31. A year later, she was pregnant and the doctors thought their baby had spina bifida and wanted them to abort. A year after that Joyce was diagnosed with breast cancer. As a result she lost her job, life insurance, disability insurance and health insurance. This was on top of dealing with a husband who was a stroke victim, a newborn baby and battling

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#### Featured Guest



##### Joyce O'Brien

Joyce O'Brien is the author of Choose to Live, an inspirational and motivational speaker and cofounder of Being Cancer Free! Within a 5-year period, Kevin was paralyzed after a brain hemorrhage, and both Joyce and Kevin were diagnosed with late-stage cancers.

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