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Patricia Raskin POSITIVE LIVING SHOW

The Patricia Raskin Show Monday at 11 AM Pacific January 9th 2012: HOW SMALL ACTS OF KINDNESS CHANGE YOUR LIFE

Join nationally recognized multi-media radio talk show host and award winning producer Patricia Raskin, as she interviews Linda Cohen, author of 1,000 Mitzvahs: How Small Acts of Kindness Can Heal, Inspire and Change Your Life. Cohen's shares her two-and-a-half year journey from sorrow to inspriation through simple daily acts of kindness. When her father died in 2006, Linda took a "spiritual sabbatical" to work through her grief and performed one thousands acts of kindness or mitzvahs to honor his memory. She discusses the lessons she learned from this experience.

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Monday at 11 AM Pacific Time on VoiceAmerica Variety Channel

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