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MD Radio (Muscular Development Radio)
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January 30th 2012: MD Radio

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MD Radio #143 at 4pm PST/ 7pm EST Monday, January 30th we will recap the LA Fit EXPO and new Bodybuilding Documentary, Evolution of Bodybuilding Premier Screening! Plus, we are a mere 3 weeks away from the 2nd Annual, IFBB Flex Pro and will "Preview" some of the Contenders for the Title! All this and more at your #1 Source for Bodybuilding News & Information!

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