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**June 18th 2012: Special Encore Presentation:
The Process of Change**

This episode will focus on how to successfully change behavior such as overeating, substance misuse/dependence and smoking. We will discuss the process of change and why some treatments are more effective for each stage of change. Our guest will be Dr. Carlo DiClemente, who is internationally recognized as co-creator (with James Prochaska, Ph.D.) of the Transtheoretical Model of Change, a model that identifies stages of change and other factors that predict treatment outcomes and allows many more people to enter treatment programs at earlier stages of readiness. He has presented this model of i

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