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July 31st 2012: Creating the Supportive Home

Today I've invited a dear friend and colleague of mine, Mia Staysko to speak about Feng Shui and the home. Based on the concepts from last week, our foundation, Mia is going to give us some additional tools to help ground and centre us through the use of our external environment. In Feng Shui the home is considered to be an extension of the body and a reflection of the life of its occupants. We will be talking about how having good Feng Shui in the home can support you in creating security and in reinforcing your aspirations. We will discuss 6 ways to create a secure energetic environment,

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Featured Guest



Mia Staysko is a Feng Shui and Design expert and professional consultant. Through her company, White Lotus Interiors, she helps people to design and refine their spaces to break up blockages, align with their personal energies, and to reflect their highest aspirations.

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