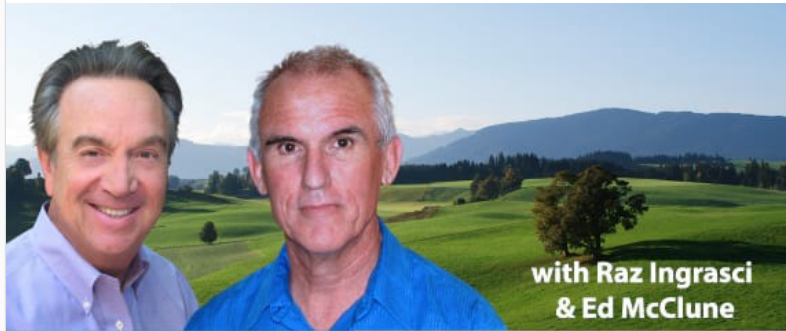


[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



THE hoffman connection

The Hoffman Connection
Archives Available

July 31st 2012: Finding Peace In the Midst Of Conflict

When you hit those inevitable, and often unexpected, bumps in life's road, do you handle them with grace and ease? How is your decision making process? Is it clear, strong and spiritually guided? Or do you find that alluring draw towards old sticky patterns that may not serve you anymore? We all want tools to be at our best, clearest, decision-making self in the midst of life's ups and downs. Join us this week on The Hoffman Connection as Stephen Josephs helps you uncover exactly how to find and maintain that sacred, centered self that you know is always with you.

[DOWNLOAD PDF](#)

[<> GET CODE](#)

Tune in

Archives Available on
VoiceAmerica Variety Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Featured Guest



Stephen Josephs

Stephen Josephs has been actively studying mind-body disciplines for 45 years (yoga, aikido, tai chi, qigong, meditation) as well as psychology and transformational methods and applied all he's learned to leadership development – for people to make better decisions, stay clear in the midst of conflict, and recruit optimal states for performance in any situation. He has been interested in 3 broad topics: 1) What accounts for superior performance? 2) What principles are at work when we easily learn and change? 3) How do we become wise? His aim is to have people claim vitality and get more out of life at work, and have it bring out the best in us, develop us, and at the end of a career look ba

[Read more](#)

Share This Episode

[Share On Facebook](#)

[Share On Twitter](#)

[Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

VOICEAMERICA BLOG