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straight UP

with CHRIS

REAL TALK ON BUSINESS & PARENTHOOD

WITH CHRIS EFESSIOU



Straight-Up with Chris: Real Talk on Business and Parenthood Archives Available
September 6th 2012: Give your Child the Ultimate Gift: Self-Esteem

The Oxford Dictionary defines self-esteem as "Confidence in one's own worth or abilities; self-respect." Self-Esteem is equally important at work and at home; equally important if you are a professional or a stay-at-home-parent; equally important if you are an adult or a child. My guest, Sue Atkins, is an internationally respected parenting expert and will discuss techniques, strategies and skills for parents who wish to bring up happy, confident, well-balanced adults. You might find that the same skill work just as efficiently at home as in the workplace. Join us on Thursday

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Featured Guest



Sue Atkins

Sue Atkins is an internationally recognized Parenting Expert, Broadcaster, Speaker and Author of the Amazon best selling books "Parenting Made Easy – How To Raise Happy Children" & "Raising Happy Children for Dummies" in the famous black and yellow series.

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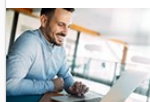
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