



HEALTH & WELLNESS



#### The Dr. Melanie Show

Archives Available

**November 1st 2012: Heart attacks, Anxiety, and Healing**

When a doctor has a heart attack you expect the medical world to bow at his feet and immediately take the situation seriously. They did not. Find out the reason and how it has transformed Dr. Conrad Castellino's life. If negative emotions are not addressed, they accumulate in our subconscious and cause greater emotional and physical challenges. Dr. Friedemann Schaub will teach us how to resolve those issues that center around fear and anxiety.

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#### Featured Guests



##### Conrad J. Castellino, M.D.

Conrad J. Castellino, M.D., is a practicing physician. He was born in Pakistan, and received his degree from Dow Medical College. He has been in practice for more than 18 years, and is an active pre-med mentor for students at the University of California, Merced. He and his family live in California. He will discuss his book *Even Doctors Have Heart Attacks*. Contact him at: [www.heartattack-md.com](http://www.heartattack-md.com).

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##### Friedemann Schaub, MD., PhD

Friedemann Schaub, MD., PhD, is a physician specializing in cardiology and molecular biology who has helped thousands of people with his Personal Breakthrough and Empowerment program that combines his medical expertise with NLP, Time Line Therapy™, clinical hypnotherapy, and more. He lives in Seattle, Washington. He will discuss his book *The Fear and Anxiety Solution: A Breakthrough Process for Healing and Empowerment with Your Subconscious Mind*. Contact him at: [www.cellularwisdom.com](http://www.cellularwisdom.com).

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