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June 28th 2013: Nourishing and Supporting our Bodies for The Most Juice/Least Stress Ever with George Lamoureux of Jing Herbs

We're going beyond what stress does to our bodies & how our our bodies get effected by the constant striving so prevalent in our globalized world. We're talking today about how to fortify our bodies, spirits & essence for resilience, robust vitality, aliveness & health so we can be, do & have all that we desire! There is ancient wisdom & knowledge from cultures older than American who understood how. This is then applied to our daily lives of today with both Alison's practice and her guest today, George Lamoureux, founder of Jing Herbs. You will gain awareness and tools to use yourself from

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Featured Guest



George Lamoureux

Master herbalist George Lamoureux is the founder of Jing Herbs. George has been a tonic and clinical herbalist for two decades. He holds a Masters degree in Traditional Chinese Medicine and Acupuncture from the prestigious Yo San University and holds certification from The National Certification Committee for Acupuncture and Oriental Medicine.

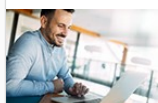
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