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HEALTH & WELLNESS



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**August 19th 2013: Treating Complex Eating Disorders and Co-occurring Disorders with a Unified Approach** Guest Gayle E. Brooks, PhD, The Renfrew Center of Florida

Individuals with serious eating disorders often struggle with other psychological problems such as anxiety, depression, substance abuse and trauma response. Chronic eating disorders can result in severe medical, social and financial impairment. It can be a daunting task to figure out how all the pieces of the symptom puzzle fit together such as: how one set of symptoms may impact other symptoms, what to treat first, whether treatment of one disorder may increase the symptoms of another disorder, etc. There is growing evidence to suggest that the core psychological problems or disturbances whi

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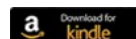
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