



**Inner Revolutionary Radio**  
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**November 12th 2013: Does Spirituality Improve Sex? We Think So!**

Religious beliefs, bad personal experiences and ignorance can bring shame and dysfunction into intimate relationships, gay or straight. Spirituality can help us heal by supporting the release of old traumas and deepening our experience of Oneness, intimacy and energetic connection. Let's discuss how. Hear from Todd and Christine Benton, who have been in a Sex & Spirituality program for many years. Learn about their challenges, as well as their victories over old patterns of alienation and disconnection. Host Beth Green will share as well. Beth has been teaching programs about Sex & Spiritualit

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**Featured Guests**



**Christine Benton**

Christine Benton is a public relations executive, producer of Inner Revolutionary Radio and director of TheInnerRevolution.Org. She is one of Beth Green's biggest fans and credits Beth's teachings with helping her to grow and evolve in ways that make all of life a lot more fun and enjoyable.

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**Todd Benton**

Todd Benton is a website and graphic designer who also advises on social media and relationship marketing. His tagline is "creating authentic connections online and offline" and in keeping with that, he's also trying to change what it means to be a man in today's hyper-competitive, male-dominated culture. He does this through his work with the Inner Revolutionary Men's group – a program of the InnerRevolution.Org – and as a father to two young boys.

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