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BetterWorldians RADIO



BetterWorldians Radio
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January 9th 2014: Hardwiring Happiness

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What if the secret to living a happier life lies within your power to change the way your brain works? This week on BetterWorldians Radio we'll talk about how absorbing the good moments each day can improve your life.

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Our guest this week is best-selling author Dr. Rick Hanson. Hanson lays out a simple method that uses the hidden power of everyday experiences to create a life full of happiness.

Tune in every week to hear new guests share how they are making the world a better place and to learn how you can become a BetterWorldian!

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Featured Guest



Rick Hanson, Ph.D.

Rick Hanson, Ph.D., is a neuropsychologist, a Senior Fellow of the Greater Good Science Center at UC Berkeley, and a New York Times best-selling author.

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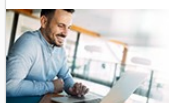
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