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HEALTH & WELLNESS



Holy Hormones Honey!

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January 16th 2014: The New Buzz Chronic Endocrine Disorders

Once upon a time, words like immune-compromised, ADHD, Autism, Alzheimer's, Parkinson disease, obesity, diabetes, hormone imbalance, adrenal fatigue, fibromyalgia, chronic fatigue syndrome toxicity, gut function, food allergies and nutrient deficiency were not a part of our vocabulary. Today these words are embedded in our vernacular. Now a new term is entering the language: 'chronic endocrine disorders'. Margarita Ochoa-Maya, MD, CDE CCD believes it is time to become proactive and personal about our health. She is a proponent of nutrition and micronutrients as key determining factors for th

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Featured Guest



**Margarita Ochoa-Maya**

Within the broad area of internal medicine, preventive medicine, women's health, adolescent health, and endocrinology, Dr. Ochoa-Maya has developed extensive interest in metabolism, the hormonal mechanisms of organ injury, the pathophysiology

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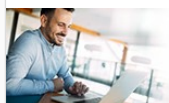
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