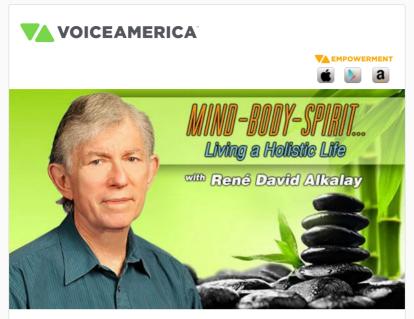
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February 19th 2014: pH Balance for your body

Tune in to this fascinating discussion on how balancing the pH in your body can help with a multitude of physical ailments. Topics include the link between pH and health issues cancer, weight loss/gain, arthritis, kidney stones, heart health, brain function, low back pain, and diabetes to name a few and how certain foods and drinks we have every day coffee, black tea, soda, alcohol, processed foods and sugar cause us to have unhealthy pH fluctuations. He and Dr. Alkalay will discuss natural ways to balance your pH and ways in which you can avoid many diseases that plaque our society.

Tune in

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Featured Guest

Guest Image

Burt Goulding jr.

Burt Goulding, Jr. is a Clinical Nutritionist and Managing Director of the Positive Nutrition Institute.

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