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HEALTH & WELLNESS



## BORN TO BE BREASTFED

WITH  
MARIE BIANCUZZO RN MS IBCLC



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### Born to be Breastfed

New shows weekly

**February 24th 2014: Breastfeeding and Black Families**

Although rates of breastfeeding are generally on the rise, new data show that rates of breastfeeding initiation and duration continue to be lower among black mothers than among those of other ethnic groups. Join host Marie Biancuzzo and special guest Kimberly Seals Allers for discussion of cultural norms, particular challenges, and ways of supporting black families in initiating and continuing breastfeeding. Find out about the possible influence of socioeconomic, cultural, and parenting perspectives. Learn how health care providers, public health advocates, media, family, employers, and commun

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### Featured Guest



#### Kimberly Seals Allers

Kimberly Seals Allers is an award-winning journalist and nationally-recognized commentator on motherhood and breastfeeding in the African American community.

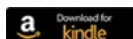
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