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EPISODE ON DEMAND

Born to be Breastfed New shows weekly

March 31st 2014: Breastfeeding the Child with a **Congenital Heart Defect**

Mothers of healthy, full-term infants can tell you about the challenges and barriers they sometimes face in breastfeeding. (We talk about them on this show every week!) But mothers of children born early, ill, or with a health condition face additional challenges for which they are seldom—if ever—prepared. Join host Marie Biancuzzo and special guests Anna Jaworski, Nancy Sands, and Amy Gerrish Bennett for discussion of the particular challenges faced by mothers who breastfeed children with congenital heart defects. How is breastfeeding different for these mother-baby dyads? What sort of suppor





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Featured Guests



Anna Jaworski

Anna Jaworski knew early on she wanted to breastfeed her children. After the birth of her first child, Joey, she had no trouble with breastfeeding from the start.

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Guest Image

Nancy Sands

Nancy Sands is the single mother of a 19-month-old daughter named Sophie. Sophie was born with a congenital heart defect (hypoplastic left heart syndrome) that is usually corrected in a series of three surgeries. Having undergone two of the planned procedures as well as an additional surgery, Nancy's daughter is a thriving and active toddler, although she continues to face some developmental challenges. Nancy has a background in counseling but is currently working to attend to Sophie's needs for therapy (OT/PT/ST), medical follow-up, and more.

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