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Illuminating Now! Linzi's Life Secrets. Archives Available

**May 14th 2014: How can we GROW into being
health, well and reaching our potential?**

Wellness is a term often used, but can mean so many things. Our guest today, Suzanne Ross, is a fitness instructor, nutritional coach, and has written 3 books as a trilogy to lead us to evolutionary wellness. The belief here is that only with truth, awareness, and focus can any of us truly reach bliss. Reaching potential is never ending and that is why evolution is a part of the teachings, writings and workshops that Suzanne has developed and offers. Constant growth in a way you will be able to understand will help you identify the formula. Please stay tuned as Suzanne shares her personal

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Featured Guest

Guest Image

Suzanne Ross

Born in Mt Shasta, at an early age, Suzanne was able to see beyond the veil and nicknamed Suzy Sunshine because she has such a bright light. Her career began in corporate but finding herself miserable, she came to a point of desperation and sought higher guidance.

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