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EMPOWERMENT



Authentic Living
Wednesday at 1 PM Pacific
May 14th 2014: How to Heal

One of the most important reasons we become seekers of higher spiritual wisdom is that we are seeking healing for ourselves and those we love. While there are many methods and techniques for healing, including your garden variety allopathic care, those that heal the whole person rather than just an organ or an attitude are the ones that offer the greatest level of spiritual growth and potential for awakening. But the big question is how do we heal? We heal by working with the entire body/mind/spirit continuum. And that cannot be done when we are focusing on only one end of that spectrum. T

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